

RED RIVER THERAPEUTIC SOLUTIONS

BEHAVIORAL HEALTH SERVICES

At Red River Therapeutic Solutions, we hope that you will see this program as a way of understanding your behavioral health, improve and restore everyday functioning that leads to a healthier lifestyle.



SERVICES WE PROVIDE

- Comprehensive Individual Planning
- Individual Group and Family Therapy
- Crisis Intervention
- Medication Management
- Psychosocial Education
- Discharge Planning



BEHAVIORAL HEALTH HELPS CLIENTS IMPROVE PHYSICAL HEALTH AND MENTAL WELL-BEING. OUR TEAM WORKS TO PROMOTE POSITIVE SELF-ESTEEM AND AN UNDERSTANDING OF BEING BOTH VALUED AND CONTRIBUTING MEMBERS OF THEIR COMMUNITIES.

WHO WE SERVE

CHILDREN 5-17

ADULTS 18+

Most people who experience behavioral health problems improve with appropriate support, services, and treatment. The first step to getting proper treatment is to complete an assessment.

CONTACT US

 (318) 220-8423

 2715 Mackey Pl Ste.135,
Shreveport, LA 71118, USA
Corporate Office

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WHAT IS BEHAVIORAL HEALTH?

Behavioral Health deals with problems before they happen by addressing "risk factors" that make individuals more likely to develop problems. Learn more on our website.

WWW.RRTSONLINE.COM

WHO CAN BENEFIT FROM BEHAVIORAL HEALTH COUNSELING

If You Have or Suffer From:

- Depression
- Anxiety
- Panic disorders
- Anger issues
- Eating disorders
- Post-traumatic stress disorder (PTSD)
- Bipolar disorder
- ADHD
- Phobias, including social phobias
- Obsessive-compulsive disorder (OCD)
- Self-harm
- Substance abuse
- Trouble in school
- Recently entered the foster care system



MULTIPLE LOCATIONS IN TEXAS & LOUISIANA

HOUSTON OFFICE
RONDREIK LEE



RRTSHOUSTON@GMAIL.COM
OFFICE: (346) 372-0771

DALLAS OFFICES
SHAKEITHDRA LEE
TONEISHA QUALLS



RRTSDALLAS2@GMAIL.COM
OFFICE: (972) 349-1798
OFFICE: (972) 366-5146

AUSTIN OFFICE
MARC MCCARVER



RRTSAUSTIN@GMAIL.COM
OFFICE: (512) 952-2710

KILLEEN OFFICE
LAAUDRA RASCO



RRTSKILLEEN@GMAIL.COM
OFFICE: (512) 788-9261

INSURANCE

Currently accepting clients who have Molina, Superior, AmeriGroup TriCare & Parkland.

COMMON TREATMENTS

Counseling (Psychotherapy) teaches strategies and tools to deal with stress and uncomfortable thoughts and behaviors.

Cognitive-Behavioral Therapy (CBT) teaches how to identify unhelpful thought patterns, recognize and change inaccurate beliefs, relate to others in more positive ways, and change behaviors accordingly.

Medication management allows our experts to combine treatment tools. Medications are most effective when paired with other treatments such as counseling.



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